Summary of Benefits and Coverage: What this Plan Covers & What it Costs Coverage for: Retirees With Medicare | Plan Type: HMO

This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <u>www.bcbsla.com/ogb</u> by calling **1-800-392-4089**.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	Network Providers: \$0 per Person/per Family per Calendar Year Non-Network Providers: \$1,000 per Person/\$3,000 per Family per Calendar Year	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the Common Medical Event chart for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	No.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this plan begins to pay for these services.
Is there an <u>out–of–pocket</u> <u>limit</u> on my expenses?	Yes. Network Providers: \$1,000 per Person/ \$3,000 per Family per Calendar Year Non-Network Providers: \$4,000 per Person/ \$12,000 per Family per Calendar Year	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, Member Cost Share, Balance Billed Charges, and Health Care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Is there an overall annual limit on what the plan pays?	No.	The Common Medical Event chart describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. For a full listing of network providers, see <u>www.bcbsla.com/ogb</u> or call 1- 800-392-4089.	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the Common Medical Event chart for how this plan pays different kinds of providers .

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STATE OF LOUISIANA OFFICE OF GROUP BENEFITS Coverage Period: 09/30/2014-02/28/2015

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Do I need a referral to see a <u>specialist</u> ?	No. You don't need a referral to see a specialist.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed in Excluded Services & Other Covered Services. See your policy or plan document for additional information about <u>excluded services</u> .

- <u>Copayments</u> are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use Preferred **providers** by waiving or charging you lower **<u>deductibles</u>**, **<u>copayments</u>** and <u><u>coinsurance</u> amounts.</u>

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you visit a health	Primary care visit to treat an injury or illness	0%	0%	
care <u>provider's</u> office	Specialist visit	0%	0%	Subject to copayment/ coinsurance if Medicare
or clinic	Other practitioner office visit	0%	0%	
	Preventive care/screening	0%	0%	deductibles have not been met
If you have a test	Diagnostic test (x-ray, blood work)	0%	0%	
	Imaging (CT/PET scans, MRIs)	0%	0%	

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Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you need drugs to treat your illness or	Generic Drugs (\$50 Maximum per 31 day prescription; up to the \$1,200 Out-of-Pocket Maximum per Person per Plan Year)	\$0 after Maximum Out-of- Pocket is met	50% coinsurance –In State 80% coinsurance-Out of State	Appetite suppressant drugs; Dietary supplements; Topical forms of Minoxidil; Nutritional or parenteral therapy; Vitamins and minerals; Drugs available over the
condition More information about <u>prescription</u> <u>drug coverage</u> is available by calling (877) 633-7943.	Brand Name Drugs (\$50 Maximum per 31 day prescription; up to the \$1,200 Out-of-Pocket Maximum per Person per Plan Year)	\$15 after Maximum Out-of- Pocket is met	50% coinsurance –In State 80% coinsurance-Out of State	counter; medical foods; bulk chemicals; any federal legend drug with an over the counter equivalent available Utilization management criteria may apply to specific drugs or drug categories to be determined by PBM.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	0%	0%	Subject to copayment/ coinsurance if Medicare
	Physician/surgeon fees	0%	0%	deductibles have not beenmet
	Emergency room services	Facility - \$100 copayment; Non-Facility Charges – 0%	Facility - \$100 copayment; Non-Facility Charges – 0%	Facility copayment waived if admitted
If you need immediate medical attention	Emergency medical transportation	0%	0%	For emergency medical transportation only.
	Urgent care	0%	0%	Subject to copayment/ coinsurance if Medicare deductibles have not beenmet

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If you have a hospital stay	Facility fee (e.g., hospital room) Physician/surgeon fee	0% 0%	0% 0%	Subject to copayment/ coinsurance if Medicare deductibles have not been met
	Mental/Behavioral health outpatient services	0%	0%	
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health inpatient services	0%	0%	Subject to copayment/ coinsurance if Medicare deductibles have not beenmet
	Substance use disorder outpatient services	0%	0%	
	Substance use disorder inpatient services	0%	0%	
If you are pregnant	Prenatal and postnatal care	0%	0%	Subject to copayment/
	Delivery and all inpatient services	0%	0%	coinsurance if Medicare deductibles have not beenmet

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	Home health care	Not Covered	Not Covered	Subject to copayment/
	Rehabilitation services	0%	0%	coinsurance if Medicare
	Habilitation services	0%	0%	deductibles have not been met
If you need help recovering or have	Skilled nursing care	0%	0%	Services limited to 90 days per year.
other special health needs	Durable medical equipment	0%	0%	Subject to copayment/ coinsurance if Medicare deductibles have not been met
	Hospice service	Not Covered	Not Covered	None
If your child needs dental or eye care	Eye exam	Not Covered	Not Covered	Not Covered if Medicare is Primary; Limited to one (1) eye exam per year. Routine Vision Screening – Preventive Care: In-Network – No Cost; Out-of-Network – 30% coinsurance after deductible
G	Glasses	Frames limited to a maximum benefit of \$50	Frames limited to a maximum benefit of \$50	Purchased within 6 months of cataract surgery.
	Dental check-up	Not Covered	Not Covered	None

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Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Bariatric Surgery
- Cosmetic Surgery
- Dental Care (Adult)
- Hearing Aids (Adult)

- Infertility Treatment
- Long-Term Care
- Private-Duty Nursing

- Routine Foot Care (except for Diabetes)
- Weight Loss Programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Acupuncture
- Chiropractic Care

- Non-emergency care when traveling outside the United States
- Routine Eye Care (unless Medicare is Primary)

Questions: Call 1-800-392-4089 or visit us at <u>www.bcbsla.com/ogb</u>.

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-392-4089. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa</u>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: Blue Cross and BlueShield of Louisiana at 1-800-599-2583 or <u>www.bcbsla.com</u> OR the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa</u>.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does provide minimum essential coverage.**

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

— To see examples of how this plan might cover costs for a sample medical situation, see the next page.

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About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having	a baby	
(normal	delivery)	

- Amount owed to providers: \$7,540
- **Plan pays** \$7,367
- Patient pays \$173

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Inpatient Medications	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

Patient pays:

Deductibles	\$ 0
Co-pays	\$23
Coinsurance	\$0
Limits or exclusions	\$150
Total	\$173

Managing type 2 diabetes (routine maintenance of

a well-controlled condition)

- Amount owed to providers: \$5,400
- **Plan pays** \$4,321
- Patient pays \$1,079

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and	\$1,300
Supplies	ψ1,500
Office Visits	\$250
Procedures	\$450
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$0
Co-pays	\$1,000
Coinsurance	\$0
Limits or exclusions	\$79
Total	\$1,079

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S.
 Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✓ Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

✓ Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-ofpocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>.